100/200 ROUTE INFORMATION

Meet at old North Troy US border station at 5:00 am for 5:30 start. Note that a passport or enhanced driver's license is required to return to US if you actually cross into Canada. We advise that you stay on the US side to avoid delays. Park at the old station or in the lot south of the new US border station. There are no public restrooms at the border. Steve's cell: (802) 734-2202

Break Spots

*Starred breaks are places most riders will want to stop. Others are suggested places for sag vehicles to be available.

- Terrible Mtn. Option
- 1. It is recommended that sag vehicles be available somewhere within the first five miles, in case something unexpected is noted right after the start, or for riders to shed extra layers of clothing. After that, being available every 20 miles or so is typically appreciated.
- 2. **34 mi. Hyde Park** Go straight through the traffic circle, leaving VT-100. Turn right at T onto Main St., then bear left onto Depot St., just before the school. Becomes Cady Falls Rd. Turn left at end, then right onto VT-100
- 3. *56 mi. Waterbury town green on left, ½ mile after joining US 2 in Waterbury. Green Mountain Coffee Roasters is on green and has restrooms. (Note: Support vehicles following the ride through Middlesex might be interested in the Red Hen Bakery, a bike-friendly place on the right, just before the VT-100B turn.)
- 4. **74 mi. Waitsfield** There is a farmers market on the right, after the hill out of Waitsfield. It's early for riders to stop, but support people may want to check it out.
- 5. **87 mi. Granville Gulf** Cyclists don't typically want to stop on the descent, but you'll want to see the waterfalls right by the road.
- 6. ***100 mi. Rochester** town green, on left in center of town. Stores, small deli next to green. Green Mountain Bicycle is a great shop on right, before green. Staffed by a bunch of colorful characters. Water fountain in the side yard.
- 7. *120 mi. Water Wheel Trading Post, US-4 & VT-100 after descent, on right. Nice little convenience store and a good place for a quick break after the long Killington climb. There are also stores at the US-4 & VT-100 intersection, a few miles down the road.
- 8. *140 mi. Ludlow Town Green. Overshoot the VT-100 turn to reach the green, which is after the river crossing on VT-103. Stores are on both sides of Main St., before the green. If you want to ride Terrible Mtn, double back to VT-100 after the break. For the "official" route, continue on VT-103. *Mountain Cycology is a great bike shop, located just off Rtes.* 100 & 103 on right before VT-100 turns south.
- 9. *150 mi. Weston town Green on right. It's only been 10 miles since Ludlow, but that includes Terrible Mountain. Weston Playhouse has restrooms and water, if it is open. Check out the mill dam behind the Playhouse. The Vermont Country Store is across the street.
- 10. 163 mi. Intersection of Rtes. 100 & 30 (Rawsonville). Turn left onto VT-30 & 100.
- 11. **171 mi. Intersection of Rtes. 100 & 30**. VT-100 south of here is under reconstruction. Skip the climb and follow VT 30 to Brattleboro.
- 12. *177 mi Townshend. The other route merges here. Beautiful town green at intersection.
- 13. **194 mi. US-5 in Brattleboro**. Merge with US-5 south. ½ mile later, just after the Latchis Theater and bridge, do a left-right jog onto VT-142, Vernon St. The amazing Brattleboro Co-Op is to the right.
- 14. 205 mi. State Line—There's a small pull-off on the right, just before the state line sign. You're done!